

X R D S

*Presence*  
**POWER**

THE SPIRIT AS INTERCESSOR DEVOTIONAL



## DAY 1

What role does prayer have in your life? Do you pray often? Sometimes? Rarely?  
Do you keep a prayer list or journal? Why or why not?

---

---

---

---

---

Have you ever felt at a loss for words when praying? Why was it hard to find words  
during this prayer time?

---

---

---

---

---

· What do you do when you don't know what to pray for?

---

---

---

---

---

When we don't know what to pray for, our prayers are like "groans of the heart".  
Have you ever felt as if your prayers were simply groans from the heart rather than  
actual words? If so, what kind of situation were you in?

---

---

---

---

---

Was prayer—even with a lack of words—helpful during this time? Why or why not?

---

---

---

---

---

## DAY 2

Read Romans 8:22–23, 26–27: “We know that the whole creation has been groaning as in the pains of childbirth right up to the present time. Not only so, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for our adoption to sonship, the redemption of our bodies. . . . The Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God’s people in accordance with the will of God” (NIV).



According to this passage in the context of prayer, what does the Spirit do for us, and when?

---

---

---

---

---

---

---

---

Have you ever thought about the Spirit interceding for you in prayer? How does this idea make you feel? Hopeful? Confused? Skeptical? Why?

---

---

---

---

---

---

---

---

---

---

## DAY 3

The word Paul used in Romans 8:26 for weakness is the same word he used elsewhere in Scripture to describe physical illness. Have you or someone you know ever been sick to the point you didn't even know what to pray for? Healing? Doctors? Medicine? A miracle? What was it like to pray during that difficult time?

---

---

---

Perhaps you haven't been physically sick to this degree but you've had seasons of weakness because of losing a job, losing someone you love, or going through a divorce. Experiencing a time when there is a gap between what we want from life and what we get in life. What did you pray for during this time?

---

---

---

---

When you're weak, is it difficult to pray? Why or why not?

---

---

---

---

## DAY 4

Do you ever feel pressure to pray for the "right" thing?

---

---

---

---

If so, where do you think this pressure comes from?

---

---

---

---

How does this pressure affect your prayer life?

---

---

---

---

---

How would it affect your prayer life if you trusted what Romans says:  
“The Spirit himself intercedes for us” (8:26)?

---

---

---

---

---

**DAY 5**

Reflect on a time in your life that you think the Spirit interceded for you.



How does knowing that the Spirit is interceding on your behalf make you  
feel about your prayers?

---

---

---

---

---

How could believing that the Spirit is interceding on your behalf change the way you pray?

---

---

---

---

---

What does the Spirit's intercession tell us about the character of God and how he feels about his children?

---

---

---

---

---

Have you ever experienced the peace of prayer when someone prayed over you?

---

---

---

---

---

## DAY 6

The Message's wording of Romans 8:27–28 says, “[The Spirit] keeps us present before God. That’s why we can be so sure that every detail in our lives of love for God is worked into something good.” Why do you think this is the case?

---

---

---

---

---

What is the promise in this passage?

---

---

---

---

---

Is there anything in your life right now that you can't find the words to express in prayer? If so, how could you apply this passage to that situation? What kind of hope could this promise bring you today?

---

---

---

---

---